

MAY 1-3, 2019

TRANSFORMING HEALTH CARE THROUGH THE POWER OF NURSING

Amazing speakers

**Professional development worth
up to a full year of CNEs**

Networking

Legislative updates

Celebration banquet and live auction

Announcements

- Continuing Nursing Education
 - Page 7– evaluations due June 30
- Restrooms
- Please silence cell phones
- Visit Exhibitors in Orca 1
- Visit Posters in Chinook Rooms

NURSING SCHOLARSHIP FUNDRAISING OPPORTUNITIES



Live auction and 'Raise the Paddle.'

April Brown, auctioneer, will create a memorable evening with live auction bidding on jewelry, event tickets, a trip to Italy and more! An additional opportunity to donate will be available by raising your paddle..



Mystery wine bottle

Select a mystery bottle of quality wine. Take a chance and try a new wine from the large selection.



Cash raffle

Buy a raffle ticket for \$10. First prize is \$500. Second prize is \$250. Third prize is \$100.



Florence Nightingale

In recognition of Florence Nightingale's upcoming 200th birthday, a special memento will be unveiled for purchase. Don't miss out on this beautiful keepsake.

WSNF Glassy Baby



SPONSORS

Primary

NSO

Platinum

Barnard Iglitzin & Lavitt LLP

Gold

Bright Now! Dental

Silver

King County Nurses Association

Bronze

American Sentinel University

California Casualty

Foundation for Healthcare Quality

Seattle Litigation Group

Sue Trace Coaching

Wednesday's breakfast sponsored by

Foundation for Healthcare Quality

EXHIBITORS

AAPPN
AFT/AFL-CIO
American Sentinel University
ANCC
Bright Now! Dental
Byrum Healthcare
California Casualty
Emily program
Feel Good Inc.
Grand Canyon University
HEALWA
Integrated Medical Systems
Kato Enterprises

King County Nurses Association
Kittitas Valley Healthcare
Legal Shield
Madigan Hospital
Maxim Healthcare
Northwest Region Nurses Association
Northwest University
NSO
Omni Staffing Services
Pfizer
Pierce County Nurses Association
Prestige Care
ProNurse: Lost Art of Nursing Museum

Salal Credit Union
Seattle Litigation Group
(Seth Rosenberg)
Seattle Pacific University
Shriner Spokane/Portland
Simulab Corporation
Singing Shaman Traders
Smoky Point
Sue Trace Coaching
WA Center for Nursing
WA Health Professional Services (DOH)
Western Governor's University
Western WA University

#RNconvention2019



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STRATEGIC PRIORITIES FOR 2017-2019

1

Health access

Ensure people can attain their highest level of health and receive the right care by the appropriate provider, in the right place, at an affordable cost.

2

Safe staffing

Achieve safe nurse staffing in all settings to ensure health and optimize quality of care.

3

Nursing practice and patient safety

Advance nursing practice to promote patient safety and ensure nurses' ability to practice to the full extent of their training and education to deliver optimal care.

4

Membership growth and engagement

Remain the leading voice and advocate for the more than 74,000 (now more than 100,000) registered nurses who live and work in Washington state through continued membership growth and active member engagement.

5

Occupational and environmental health

Promote healthy and safe environments for nurses where they work and where they live.

6

Association vitality

Strengthen WSNA's operation, programmatic infrastructure and economic stability to ensure continued success in advancing association priorities.

HEALTH ACCESS

Promoting access to health care is fundamental to caring for all patients and communities. Over the past biennium, WSNA focused on ensuring the ability of all Washingtonians to see a provider, to pay for care and to have essential public health services in their communities.

SURPRISE BILLING SURVEY

2017 surprise billing survey

More than 850 Washington state RNs participated.

1 in 3

said they had experienced trouble paying for medical bills in the last 12 months. Of those...



70% had medical bills for a one-time or short-term medical expense



90% had trouble paying for co-pays, deductible, coinsurance



One in three had trouble paying for an out-of-network doctor or facility that insurance didn't fully cover



Seven out of ten put off or postponed necessary medical treatment



Half of nurses surveyed deferred a medical test or treatment that was recommended



Half of nurses surveyed relied on home therapies or over-the-counter drugs instead of seeing a health professional



SAFE STAFFING

Achieving safe nurse staffing has been the top priority for WSNA and our members for many years. That includes safe staffing during rest breaks. We have taken a multi-pronged approach, leveraging contract negotiations, litigation, regulation and policy change to advance safe staffing at all times in every facility.

Legal victories on rest breaks, improving break relief for hundreds of WSNA members

2011 – WSNA v. Evergreen Hospital

2013 – WSNA v. Sacred Heart Medical Center

2013 – WSNA v. MultiCare Health System

2015 – WSNA v. MultiCare Health System

2016 – WSNA v. Franciscan Health System d/b/a St. Joseph Medical Center

2018 – WSNA v. Yakima Regional Medical and Cardiac Center

Yakima Regional home health, hospice nurses win nearly \$2.9 million for hour worked off the clock

2018 – WSNA v. MultiCare Health System

U.S. Ninth Circuit Court of Appeals rejects MultiCare's attempt to overturn arbitrator's end of break buddies at Tacoma General



Jake Zettler

SAFE STAFFING

Making the staffing law work for nurses

Tool Kit

The tool kit is on the WSNA website includes:

- 2017 Nurse Staffing Law
- Nurse Staffing Committee Checklist
- Sample Nurse Staffing Committee Charter
- Nurse Staffing Plan Minimum Criteria
- Sample Attestation Form
- Recommended Staffing Complaint Form
- Assessing and Evaluating Complaints Tool
- Complaint Tracking Tool

Education

Online Staffing Complaint / ADO form

Safe Staffing position paper



Ingrid Anderson, BSN, RN, CEN, SANE, was in Olympia on March 14 to testify in support of SHB 1155 which would provide nurses and other frontline health care workers with uninterrupted rest breaks.

Overlake Hospital nurses Erin McAlexendar, Gemma Aranda, Jeffrey Cowan, Taryn Pfeifer, Kathryn Geren and Rachel Bonnie at a Leadership Summit event in Chelan, Washington

www.wsna.org/nursing-practice/safe-nurse-staffing

NURSING PRACTICE AND PATIENT SAFETY

WSNA is the professional association for more than 100,000 registered nurses living and working in Washington state. We are always working to advance nursing practice, promote patient safety and ensure nurses' ability to practice to the full extent of their training and education to deliver optimal care.

ACHIEVEMENTS

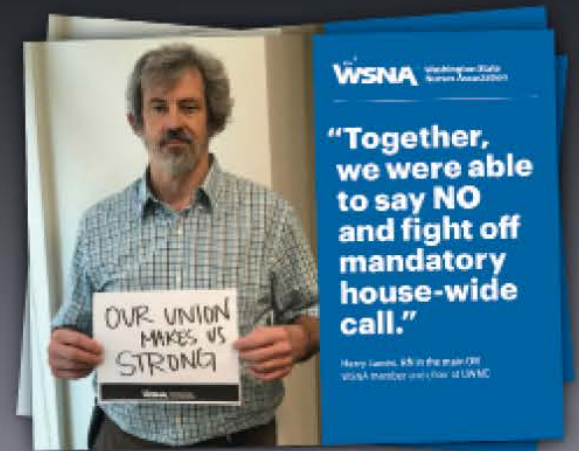
- Achieved ANCC Approved Provider status for continuing nursing education.
- Dedicated award-winning issue of The Washington Nurse to telehealth, raising awareness and illustrating the value of nursing in the delivery of high-quality health care by telehealth modalities.
- Created affiliate program to strengthen WSNA collaboration with specialty nursing organizations.
- Launched Long-Term Care Task Force, focused on improving quality of care and increasing appreciation and understanding of the role of community-based and long-term care nursing.

MEMBERSHIP GROWTH AND ENGAGEMENT

WSNA is the leading voice and advocate for nurses in Washington state. Our power and influence are only as strong as our engaged membership. In the past biennium we focused in on maintaining—and growing—membership in the face of an unprecedented anti-union decision from the U.S. Supreme Court and offering more opportunities for nurses to get informed and get engaged.

ACHIEVEMENTS

- Mounted strong and effective preparation and response to Janus v. AFSCME decision from the U.S. Supreme Court, with continued membership growth.
- Successfully launched plan with AFT Support to organize new units and facilities, with key wins in 2017-2019.
- Introduced regional Leadership Summits in 2018, holding seven daylong continuing education sessions around the state.



OCCUPATIONAL AND ENVIRONMENTAL HEALTH

While workplace violence has long been a top issue for WSNA, several serious incidents gave renewed urgency to our work to prevent and respond to workplace violence. This is an issue we are addressing through information and education, contract negotiations, filing complaints with regulatory agencies, introducing improved workplace violence legislation at the state level and working with national partners to support national workplace violence legislation.

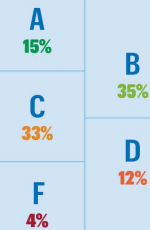
ACHIEVEMENTS

- Provided members with information, resources and stories of assaulted nurses in the Winter 2018 issue of The Washington Nurse and on the wsna.org website.
- Provided workshops on workplace violence around the state through Leadership Summits and local unit education sessions.
- Surveyed members on workplace health and safety issues.
- Introduced legislation in the 2019 session to update and strengthen workplace violence law.
- Developed new workplace violence position paper.
- Developed WPV panel discussion and Resolution for 2019 Washington State Nurses Convention.

2017 health and safety survey

More than 2,000 Washington state RNs participated.

I give my employer an overall health and safety grade of:



86%

have experienced or witnessed violence in the workplace

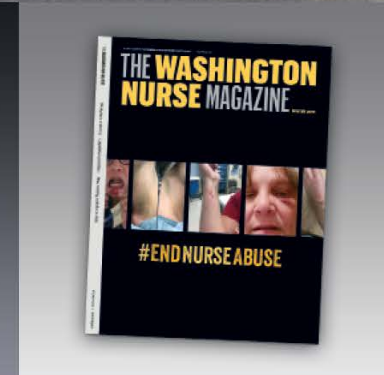
More than

1/2

have suffered an injury related to lifting a patient



Two in three said they have been exposed to a respiratory hazard



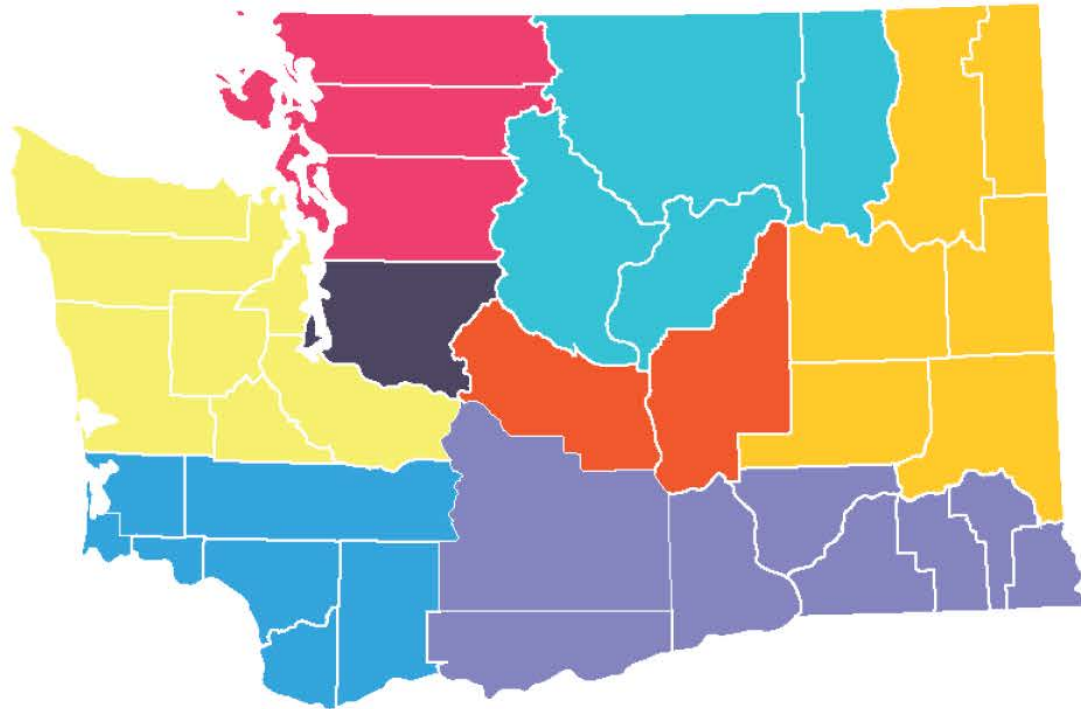
ASSOCIATION VITALITY

Strengthening WSNA's operations, programmatic infrastructure and economic stability is primarily a behind-the-scenes goal, but it is critical to our continued growth and success. One change directly affects members: the move from our old system of county-based District Nursing Associations to a more regionalized approach that will better serve the needs of our members.

ACHIEVEMENTS

- Strengthened internal business processes to build a stronger, healthier association to fulfill our mission, vision and goals.
- Launched plan to create Regional Nurses Associations, beginning with the Northwest Region Nurses Association and expansion of the Pierce County Nurses Association.

District reorganization



REGION	MEMBERS	% OF MEMBERSHIP
King County Nurses Association	7,013	37.88%
Pierce County Nurses Association	3,375	18.23%
Inland Empire Nurses Association	2,679	14.47%
Northwest Region	1,873	10.12%
Southwest counties*	1,545	8.35%
Southeast counties*	931	5.03%
North central counties*	589	3.18%
Central counties*	277	1.50%

2017 Resolutions – Status

- Supporting ANA’s Principles for Health System Transformation
- Controlling rising costs and assuring affordability of prescription drugs
- Ending healthcare billing practices that contribute to medical debt
- Reaffirming opposition to “Right to Work” proposals and legislation

